

# Pathological findings in interstitial lung diseases

Teh-Ying Chou, M.D., Ph.D.  
Molecular Pathology Division  
Taipei Veterans General Hospital  
Institute of Clinical Medicine  
National Yang-Ming University

The interstitial lung diseases (ILD) are a group of heterogeneous disease entities that describe pathological processes involving the “interstitium” of the lung. The etiologies vary greatly and are mostly unknown. The clinical outcome can usually be predicted by the pathological findings and diagnoses, which are always challenging to the pathologists.

The classification of the interstitial pneumonia with no known causes, i.e., idiopathic interstitial pneumonia, has been well established over the years. The importance of multi-disciplinary approaches in the management of patients with idiopathic interstitial pneumonia cannot be overemphasized.

**TABLE 1. REVISED AMERICAN THORACIC SOCIETY/EUROPEAN RESPIRATORY SOCIETY CLASSIFICATION OF IDIOPATHIC INTERSTITIAL PNEUMONIAS: MULTIDISCIPLINARY DIAGNOSES**

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Major idiopathic interstitial pneumonias
Idiopathic pulmonary fibrosis
Idiopathic nonspecific interstitial pneumonia
Respiratory bronchiolitis–interstitial lung disease
Desquamative interstitial pneumonia
Cryptogenic organizing pneumonia
Acute interstitial pneumonia
Rare idiopathic interstitial pneumonias
Idiopathic lymphoid interstitial pneumonia
Idiopathic pleuroparenchymal fibroelastosis
Unclassifiable idiopathic interstitial pneumonias*

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This overview will be focusing on the 2013 official guidelines issued by the ATS/ERS. An alert on the possible underdiagnosed status of hypersensitivity pneumonitis will also be discussed.