

# 消化不良症：台灣之共識及臨床指引—Pathogenesis

陳健麟

花蓮慈濟醫院腸胃內科

Functional dyspepsia is a common gastrointestinal problem with complex pathophysiology and pathogenesis. The pathophysiological abnormalities underlying functional dyspepsia include impaired gastric emptying, gastroduodenal hypersensitivity, and impaired gastric accommodation. Multiple pathogenetic factors in functional dyspepsia are related to genetic predisposition, post-infectious inflammation, the presence of *Helicobacter pylori*, and psychosocial factors. Moreover, environment, dietary factors, and lifestyle might be pathogenic to functional dyspepsia. These factors with multiple interactions contribute complex manifestation of functional dyspepsia symptoms. This presentation aims to provide an integrated overview of the pathophysiological and pathogenetic mechanisms in functional dyspepsia. Better understanding of the pathophysiology of functional dyspepsia will enhance appropriate management of this common gastrointestinal disorder in daily clinical care.