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**Thyroid Overview for Clinical Practice**

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Abstract:

This session is a clinical overview of common disorders of the thyroid encountered in general medical practice. The speaker's office practice of endocrinology/ internal medicine for more than 30 years has provided a wealth of experience and information to share with other practitioners. The emphasis will be on practical tips in the work up and management of these cases. The appropriate approach to the diagnosis and treatment of thyroid disease should be cost effective and focused on alleviating symptoms quickly while planning for the long-term maintenance of stability. This efficient process can minimize emotional stress for the patient, which often complicates their disease. It also creates a good therapeutic partnership with the patient and the physician based on the understanding of the basic pathophysiology of the particular disorder.