

## CURRICULUM VITAE



### PART I: General Information

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Place of Birth: Richmond, VA

#### Education:

1979-1983  
1983-1987  
1991-1993

B.A.  
M.D.  
M.P.H., Epidemiology

West Virginia University  
Yale University School of Medicine  
Harvard School of Public Health

**Postdoctoral Training:**

1987-1988	Intern in Internal Medicine	Brigham and Women's Hospital, Boston, MA
1988-1990	Resident in Internal Medicine	Brigham and Women's Hospital, Boston, MA
1989	Chief Medical Resident	Veterans Affairs Medical Center, Brockton/West Roxbury, MA
1987-1990	Clinical Fellow in Medicine	Harvard Medical School
1990-1993	Fellow in Cardiology	Brigham and Women's Hospital, Boston, MA
1990-1993	Research Fellow in Medicine	Harvard Medical School, Boston, MA

**Licensure and Certification:**

1987	Diplomate, National Board of Medical Examiners
1987	Massachusetts Board of Registration
1990	Diplomate in Internal Medicine American Board of Internal Medicine
1993	Diplomate in Cardiovascular Disease American Board of Internal Medicine

**Academic Appointments:**

1993-1995	Instructor in Medicine	Harvard Medical School
1995-2000	Assistant Professor of Medicine	Harvard Medical School
2000-	Associate Professor of Medicine	Harvard Medical School

**Hospital or Affiliated Institution Appointments:**

1993-	Associate Physician	Brigham and Women's Hospital, VA Boston Healthcare System, Boston, MA
1993-	Staff Physician	Brigham and Women's Hospital, VA Boston Healthcare System, Boston, MA
1993-	Staff Physician	Caritas Norwood Hospital, Norwood, MA
2003-	Staff Physician	Faulkner Hospital, Boston, MA
2003	Chief	Division of Aging, Brigham and Women's Hospital

**Hospital and Health Care Organization Service Responsibilities:**

2006	Attending Physician – Internal Medicine	Boston VA Healthcare System
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**Major Administrative Responsibilities**

1991-1997	Co-Project Director and Chair of Endpoints Committee, Women's Health Study	Brigham and Women's Hospital
1992-1997	Project Director, Boston Area Health Study	Brigham and Women's Hospital
1993-1997	Project Director, Women's Antioxidant in Cardiovascular Study	Brigham and Women's Hospital
1993-1996	Co-Director of Preventive Cardiology	Veterans Affairs Medical Center
1993-2000	Cardiologist and Outcomes Specialist Women's Health Initiative, Vanguard Center	Brigham and Women's Hospital

1996-	Director of Preventive Cardiology	VA Boston Healthcare System
1996-	Director of Preventive Cardiology Fellowship Program	VA Boston Healthcare System
1997-2000	Director, Health Services Research and Development	VA Boston Healthcare System
1997-	Project Director, Physicians' Health Study Enrollment Cohort	Division of Preventive Medicine, Brigham and Women's Hospital
1997-	Co-Director of Cardiovascular Epidemiology	Division of Preventive Medicine, Brigham and Women's Hospital
1997-	Co-Director of Clinical Trials	Division of Preventive Medicine, Brigham and Women's Hospital
1997-	Co-Director of Blood Studies	Division of Preventive Medicine, Brigham and Women's Hospital
1997-	Director, Massachusetts Veterans Epidemiology Research and Information Center (MAVERIC)	VA Cooperative Studies Program, Washington, DC
1997-	Director of Education, MAVERIC	VA Boston Healthcare System
1998-1999	Research Director, Geriatric Research Education and Clinical Center (GRECC)	VA Boston Healthcare System
1998-	Director of Special Ambulatory Care Fellowship Program	VA Boston Healthcare System
1998-	Chair, Physicians' Health Study Steering Committee	Division of Preventive Medicine Brigham and Women's Hospital
1998-	Chair, Physicians' Health Study Oversight Committee	Division of Preventive Medicine, Brigham and Women's Hospital
1999-	Co-Chair HOST Steering Committee	VA Cooperative Studies Program
2002	Co-Director, Cooperative Studies Program, Coordinating Center	VA Cooperative Studies Program
2002-	Director, Boston Division, Geriatric Research Education and Clinical Center (GRECC)	VA Boston Healthcare System
2002-	Director, Geriatric Research Fellowship Program	VA Boston Healthcare System
2004	Chief	Division of Aging, Brigham and Women's Hospital

### Major Committee Assignments:

#### *Local*

1999-2002	GRECC Advisory Board	Member	VA Boston Healthcare System,
1999-2003	Future Leaders of Academic Medicine	Member	Brigham and Women's Hospital
1999-	Director's Committee, Harvard Medical School Faculty Development and Fellowship Program in General Internal Medicine Fellowship	Member	Beth Israel Deaconess Medical Center, Harvard Medical School
2000-	Executive Committee	Member	Division of Preventive Medicine, Brigham and Women's Hospital
2003-	Director's Committee, Harvard Medical School Geriatrics Fellowship Program	Member	Hebrew Rehabilitation Center for the Aged, Harvard Medicine School, Boston, MA

2004-	Research Fellowship Review Committee	Member	Division on Aging, Harvard Medical School
1998-	Normative Aging Study Steering Committee	Member	VA Boston Healthcare System
2002-	MAVERIC Pharmaco-Epi Steering Committee	Member	VA Boston Healthcare System
2004-	Harvard Division on Aging Grant Review Committee	Member	Harvard Medical School
2004-	Division of Aging Faculty Search Committee	Chair	Division of Aging, Brigham and Women's Hospital
2006-	VA Compensation Committee	Member	VA Boston Healthcare System

*National*

1997	Women's Antioxidant Vitamin And Estrogen Trial Antioxidant Subcommittee	Member	National Heart, Lung, and Blood Institute, Bethesda, MD
1997	Cooperative Studies Evaluation Committee	Ad Hoc Reviewer	VA Cooperative Studies Program
1997	Toxic Substance Research Center	Site Visitor	Veterans Affairs Medical Center, East Orange, NJ
1998	Merck Stroke Advisory Board	Member	New Jersey
1998-	Cooperative Studies Program Directors	Member	VA Cooperative Studies Program
1998-2000	VA National Preventive Medicine Field Advisory Board Steering Committee, Selenium Vitamin E, Chemoprevention Trial (SELECT)	Member	VA Central Office, Washington, DC
1999-	VA ERIC National Epidemiology Summer Course Steering Committee	Member	NCI/VA, Washington DC
2000	Planning Committee, Hepatitis C Prevalence Study	Member	VA Central Office
2000-	Cooperative Studies Program Letters of Intent	Grant Reviewer	VA Cooperative Studies Program
2000-	Clinical Research Career Development Review Committee	Member	VA Central Office
2000-	Veterans Aging Cohort Study (VACS) Steering Committee	Member	VA Cooperative Studies Program
2000-2002	VA National Health Care Prevention Committee	Member	VA Central Office
2001	VA ERIC National Epidemiology Summer Course Committee	Chair	VA Central Office
2001-	Data Safety Monitoring Board Iron in Atherosclerosis Trial (FeAST)	Member	VA Cooperative Studies Program
2002-	Steering Committee, Breast and Prostate Cohort Consortium	Member	National Cancer Institute

2002-2004	VA ERIC National Epidemiology Summer Course Steering Committee	Member	VA Central Office
2004	Round Table Discussion. Safety of Beta Carotene.	Participant	Oxygen Club of California, Santa Barbara, CA
2005-	COPD Treatment Planning Committee	Director	VA Cooperative Studies Program (CSP)
2005-	Steering Committee, Connecticut Epidemiology Research Center	Member	VA Connecticut Healthcare System, West Haven, CT
2005-	Study Section for small grants, Connecticut Epidemiology Research Center	Member	VA Connecticut Healthcare System, West Haven, CT

*International*

1998-	Bayer International Aspirin Award Selection Committee	Member	Bayer Aspirin Award Selection Committee, Germany
1999	BASF Nutraceutical Young Investigators Research Award Selection Committee	Member	BASF, Germany
2004	Thesis Committee	Ad Hoc Thesis Reviewer	The University of Western Australia, Crawley, Australia
2004	Second Report Review Committee	Reviewer	World Cancer Research Fund International, AICR

**Professional Societies:**

1984-1987	Connecticut State Medical Society		Delegate to state convention – 1985/1986
1984-1987	American Medical Association Medical Student Section		Alternate delegate to national convention, 1986
1987-1990	American Medical Association Resident Physician Section		Member
1987-1994	Massachusetts Medical Society		Member
1994-1997	American Association for the Advancement of Science		Member
1994- 1995-	American Heart Association International Society of Cancer Chemoprevention		Member Founding Member
1996- 1996-1998	American College of Cardiology American Heart Association Massachusetts Affiliate		Fellow Member Research Peer Review Committee Professional Education Committee
2002- 2003- 2005-	Gerontology Society of America American Geriatric Society American Medical Association		Member Member Member

**Community Service:**

1995-1996	Medical Director, Children's Grove Cooperative School
1996-1998	Supervision/Teaching of High School Students in the Pathway Program, Cambridge Rindge and Latin School

## Editorial Responsibilities

### Peer Reviewer

1995- American Heart Journal  
American Journal of Cardiology  
American Journal of Epidemiology  
Annals of Internal Medicine  
Archives of Internal Medicine  
Atherosclerosis  
Circulation  
Hypertension  
Journal of the American Medical Association  
New England Journal of Medicine  
Preventive Cardiology  
Proceeding of the National Academy of Sciences of the United States of America (PNAS)

### Editorial Boards

1997- Preventive Cardiology  
Eating Well  
1999- Prevention Notes  
2005- International Review of Thrombosis

## Awards and Honors:

1979	Valedictorian	Charleston Catholic High School Charleston, West Virginia
1983	Phi Beta Kappa	West Virginia University
1983	B.A., Summa Cum Laude	West Virginia University
1983	Mountain Honorary for leadership and scholastic excellence	West Virginia University
1983	AED Medical School Scholastic Award	Yale University School of Medicine
1987	Alpha Omega Alpha	Yale University School of Medicine
1987	M.D., Cum Laude	Yale University School of Medicine
1987	Merck Award for Academic Excellence	Yale University School of Medicine
1993	Merck Fellowship in Prevention	Veterans Affairs Medical Center Brockton/West Roxbury, MA
1993	Henry Christian Award for Excellence in Research	American Federation of Clinical Research
1996	Fellow	American College of Cardiology
1997	Research Associate Career Development Award	Veterans Affairs Medical Center, Brockton/West Roxbury, MA
1997	Presidential Award for Early Career For Scientists and Engineers	The White House, Washington, DC
1999	Key Note Speaker: Epidemiology Research Opportunities in the VA	VA Health Services Research and Development, Washington, DC
2000	Keynote Speaker: Nutrition and Cancer Prevention Cancer Expo	St. Luke's Community Health Education Center, St. Joseph's Hospital and American Cancer Society. Bellingham, WA

2001	Keynote Speaker: The Physicians' Health Study Twenty Years Later.	The Thomas W. Mou Lecture. West Virginia University Medical School Research Conference. Charleston, WV
2003	VA Special Contribution Award for outstanding contribution to the Cooperative Studies Program	Department of Veterans Affairs
2003	Primary Mentor for recipient of the Abraham Lilienfeld Student Prize	Society of Epidemiologic Research
2005	Primary Mentor for the recipient of the Jeremiah and Rose Stamler Research Award for New Investigators recipient	American Heart Association – Epidemiology and Prevention

## **PART II: Research, Teaching and Clinical Contributions**

### **A. Narrative report of research, teaching and clinical contributions**

#### ***Research***

My primary area of interest is the epidemiology of vascular disease. Much of my previous work focused on coronary heart disease and stroke. Recently, my work focuses on the impact that small vessel atherosclerotic disease has on other organ systems. As the PI of several large databases, I have also been involved in the study of other chronic diseases such as cancer and age related eye disease. My secondary focus is the design and implementation of large-scale randomized trials and prospective cohort studies. I am directly involved in a number of these types of studies as a PI or Co-Investigator, Consultant, Steering Committee Chair or member. I am the Principal Investigator of the Physicians' Health Study II (PHSII) and chair of the PHS steering committee, and a Co-Investigator on other large-scale trials and observational studies. These include the Women's Health Study (WHS), the Women's Antioxidant Cardiovascular Study (WACS), and the Boston Area Health Study. I have initiated several new programs designed to enhance the utility of these large-scale Harvard-based cohorts for aging research including a recent grant application to study the impact of cardiovascular risk factors on longevity. At the VA, I am Co-Director of the Massachusetts Veterans Epidemiology Research and Information Center (MAVERIC). Center research activities include a portfolio of over 30 projects focusing on chronic disease epidemiology. I am Chair of the VA component of SELECT with 40 VA sites and Co-Chair of the Homocysteine Lowering in Renal Failure Trial. I am one of the PIs of the Cycloset Study, a large-scale trial of an anti-diabetic agent. I serve on the steering committee for the Normative Aging Study, and the Veterans Aging Cohort Study, both longitudinal cohort studies. A national repository for blood and biological specimens for VA multi-center studies and a trial coordinating center are based at MAVERIC. A tertiary interest is the translation of research findings to the clinical setting through comprehensive reviews, book chapters and books.

#### ***Clinical:***

I direct the Preventive Cardiology Program at the VA Boston. This innovative outpatient evidence-based case-management model for primary and secondary cardiovascular disease prevention has an accompanying fellowship and has clinics in three locations involving five faculty members and four fellows providing over 2500 visits per year. In close collaboration with my clinical directors in the Division of Aging at the Brigham and the Geriatric Research, Education and Clinic Center at the VA, I am helping to develop new clinical programs in geriatrics. We are developing an integrated care model where geriatricians, generalists and subspecialists work as a team to optimize care for the older patient.

#### ***Teaching:***

My extensive clinical and research educational programs involve fellow and other trainee mentoring, junior faculty career development, and formal training in the classroom and conference center. I direct three fellowship programs: the Preventive Cardiology Fellowship (one to two year clinical and research fellowship in preventive cardiology); the Ambulatory Care Fellowship (two year research fellowship which is part of the Harvard General Medicine Fellowship) and the research component of the GRECC fellowship (part of the Harvard Geriatric Fellowship Program) all based at the VA. I serve as course faculty for Epidemiology 208 in the Clinical Effectiveness Program at the Harvard School of Public Health. I serve as Co-Director of a NIH T32 training program in the epidemiology of aging. I helped to develop a national intensive summer program in epidemiology for the VA and have taught in that program for six years.

## B. Research Funding:

### *Past*

1992-1993	Henkel Corporation Beta Carotene Bioavailability Trial	Co-Principal Investigator
1993-1995	BASF Beta Carotene Chronic Supplementation Bioavailability Study	Principal Investigator
1993-1995	Henkel Corporation Antioxidants and Vascular Reactivity Study	Principal Investigator
1996-2001	McNeil Consumer Healthcare Physicians' Health Study Ancillary Biomarker Study	Principal Investigator
1997-1999	Veterans Affairs Cholesterol Reduction in the Elderly	Principal Investigator
1997-2000	Veterans Affairs Center for the Study of Practice in Veterans Patterns with Acute MI	Principal Investigator
1997-2002	Veterans Affairs Long Term Follow-up Following CABG or MI	Co-Principal Investigator

### *Current Funding: Research*

1994-2008	Dow Corning Women's Health Cohort Study Breast Implant Study	Co-Principal Investigator
1997-2008	Veterans Affairs Massachusetts Veterans Epidemiology Research and Information Center	Principal Investigator
1997-2008	Veterans Affairs Prospective Latent Prostate Cancer Cohort Study	Principal Investigator
1997-2007	NCI/BASF Physicians' Health Study II: Trial of Vitamins in the Chemoprevention of Cancer, Cardiovascular Disease and Eye Disease	Principal Investigator
1999-2007	VA Cooperative Studies Program Trial of Homocysteine Reduction with Folate, B12 and B6 in Renal Failure	Co-Principal Investigator
1999-2012	NCI/VA Seleum Vitamin E Chemoprevention Trial (SELECT)	Principal Investigator of VA Component
2001-2007	VA Cooperative Studies Program Aging Cohort to Improve Veterans Health (ACTIVE HEALTH)	Principal Investigator
2002-2007	BASF/DMS/Wyeth Supplements for Packaging	Principal Investigator
2002-2008	VA Cooperative Studies Program Coordinating Center	Co-Principal Investigator
2004-2007	NIA/VA CSP Homocysteine Study Cognitive Function substudy	Co-Principal Investigator
2005-2007	A Randomized, Double-blind, Placebo Controlled Trial to Assess Safety and Tolerability during Treatment of Type 2 Diabetes with Usual Diabetes Therapy and either Cycloset or Placebo	Principal Investigator

*Current Funding: Education*

1997-ongoing	VA Special Ambulatory Care Fellowship (4 Fellows)	Director
2002-ongoing	VA GRECC Research Fellowship (2 Fellows)	Director
2003-2008	NIA/T32 Epidemiology of Aging	Co-Director
1996-ongoing	VA Preventive Cardiology Fellowship (2-4 Fellows)	Director
2004	NIH/T35 Boston Geriatric Research Scholars Program	Principal Investigator

**C. Report of Current Research Activities other than those mentioned above:**

Below are listed new research activities, not reflected above in funded research, I established over the last several years to explore topics on the impact of small vessel disease and other major topics.

Project	Role
Predictors of hypertension in WHS and PHS	Established Working group
Predictors of CHF in PHS	Established Working group
Cardiovascular predictors of early renal decline in PHS	Established Working group
Cardiovascular predictors of early cognitive decline in NAS	Established Working group
Cardiovascular predictors of osteoporosis related fractures in VA databases	Established Working group
Cardiovascular predictors of peptic ulcer disease and GI bleed in PHS and WHS	Established Working group
Pharmacoepidemiology of aspirin and analgesics in PHS, WHS and VA	Established Working group
Predictors of exceptional longevity	Established Working group
Predictors of prostate cancer in PHS and VA databases	Established Working group

**D. Report of Teaching**

**1. Local Contributions**

**a. Medical School/School of Public Health**

***HARVARD MEDICAL SCHOOL***

1993-1995	<b>Introduction to the Principles and Methods of Epidemiology</b> Section leader and lecturer 70-100 medical students 5 contact hours/10 preparation hours/year
1995-1996	<b>Supervision of Harvard Medical Student Thesis</b> 1 Medical Student 15 contact hours/15 preparation hours/year
2005	<b>Supervision for Medical Student Research Project</b> 1 Medical Student 15 contact hours/20 preparation hours

### **HARVARD MEDICAL SCHOOL AT WEST ROXBURY VAMC**

- 1994-1999      **Student Doctor II**  
Tutor/Preceptor  
2-4 students  
10 contact hours/4 preparation hours/year
- 1993, 1994      **Student Conferences**  
Lecturer  
8-10 students  
2 contact hours/2 preparation hours/year

### **HARVARD MEDICAL SCHOOL AT BRIGHAM AND WOMEN'S HOSPITAL**

- 1998              **Introduction to Clinical Medicine,**  
Preceptor  
3 students  
30 contact hours/10 preparation hours/year

### **HARVARD SCHOOL OF PUBLIC HEALTH**

- 1996-1997      **Epidemiology 205**  
Faculty Advisor /Preceptor  
2 student research projects  
20 contact hours/20 preparation hours/year
- 1997              **Epidemiology 206 Workshop**  
Preceptor  
4 contact hours/2 preparation hours/year
- 1998-             **Epidemiology 208**  
Course Faculty  
100-145 students  
25 contact hours/25-40 preparation hours/year

Each summer since 1998 Dr. Gaziano has served as one of 6 course faculty under the direction of Dr. Daniel Singer who oversees class room and small group instruction and individual tutorials on study design and grant writing.

### **b . Local Invited Lectures**

- 1992              Greater Boston Interventional Cardiology Forum, Boston,  
**Oxidized LDL and Atherosclerosis**  
Invited Speaker:  
~ 60 physicians, scientists, residents, fellows and postdoctoral students  
1 contact hours/3 preparation hours
- 1993              Medical Grand Rounds, Veterans Administration Medical Center, West Roxbury,  
MA  
**Oxidation, Antioxidants and CVD**  
Invited Speaker:  
~60 physicians, residents, fellows and postdoctoral students  
1 contact hour/2 preparation hours

- 1993 Medical Grand Rounds Glover Memorial Hospital, Needham, MA  
**Antioxidants and Atherosclerosis**  
Invited Speaker:  
~40 physicians, residents, fellows and postdoctoral students  
1 contact hour/2 preparation hours
- 1994 Youville Hospital & Rehabilitation Center, Cambridge MA  
**Risk Factor Modification in Coronary Artery Disease**  
Invited Speaker  
~30 physicians, residents, fellows and postdoctoral students  
1 contact hours/2 preparation hours
- 1995 Medical Grand Rounds Veterans Administration Medical Center  
**Alcohol Intake and Risk of CHD**  
Invited Speaker  
~70 physicians, residents, fellows and postdoctoral students  
1 contact hour/3 preparation hours
- 1995 Cardiovascular Grand Rounds Veterans Administration Medical Center  
**Alcohol, HDL and Risk of MI**  
Invited Speaker:  
~30 physicians, residents, fellows and postdoctoral students  
1 contact hours/2 preparation hours
- 1996 Cardiovascular Grand Rounds New England Deaconess Hospital, Boston, MA  
**Should We Take Vitamin E?**  
Invited Speaker  
~50 physicians, residents, fellows and postdoctoral students  
1 contact hour/2 preparation hours
- 1996 Cardiovascular Grand Rounds Veterans Administration Medical Center, West Roxbury, MA  
**Update on Antioxidants**  
Invited Speaker  
~35 physicians, residents, fellows and postdoctoral students  
1 contact hour/2 preparation hours
- 1996 Cardiovascular Grand Rounds Boston Medical Center, Boston, MA  
**Controversies in Risk Factor Management of Coronary Heart Disease**  
Invited Speaker  
20 residents, fellows and postdoctoral students  
1 contact hour/2 preparation hours
- 1996 Oxygen Free Radical Society, Boston, MA  
**Beta Carotene and Risk of Cancer and Heart Disease**  
Invited Speaker  
~ 50 physicians, scientists, residents, fellows and postdoctoral students  
1 contact hours/3 preparation hours
- 1997 Medical Grand Rounds Veterans Administration Medical Center, West Roxbury, MA  
**Evidence-based Prevention of CHD**  
Invited Speaker  
~70 physicians, residents, fellows and postdoctoral students  
1 contact hour/2 preparation hours
- 1997 Medical Grand Rounds Brigham and Women's Hospital, Boston, MA  
**Novel Lipid Predictors of CHD**  
Invited Speaker  
~200 physicians, residents, fellows and postdoctoral students  
1 contact hour/3 preparation hours

- 1997 Medical Grand Rounds Laboratory Medicine Grand Rounds, West Roxbury, VAMC  
**Biochemical Markers of CVD**  
 Invited Speaker  
 ~20 students  
 1 contact hour/2 preparation hours
- 1998 First U.S. Japanese Dialogue on Lipid Disorder and Coronary Artery Disease:  
 New  
 Issues for the Next Millennium, Boston, MA  
**Triglycerides: Risk Factor or Bystander?**  
 Invited Speaker  
 ~ 40 physicians  
 0.5 contact hour/1 hour preparation
- 1999 VA Boston Healthcare System, Boston, MA  
**Primary and Secondary Prevention of CHD**  
 Invited Speaker  
 10 residents, fellows and post doctoral students  
 1 contact hour/2 preparation hours
- 1999 VA Boston Healthcare System, West Roxbury Division  
**Beyond Cholesterol: Novel Biomarkers of Coronary Heart Disease (CHD) Risk,**  
 Invited Speaker Clinical Pathology Seminar  
 15 residents and fellows  
 1 contact hour/2 preparation hours
- 1999 Brigham and Women's Hospital, Boston, MA  
 Lipid Disorders in Vascular Disease: Mechanisms and Management  
**Preventing the First Vascular Event; Lipid Lowering Trials for Primary Prevention.**  
 Invited Speaker:  
 ~ 40 physicians  
 1 contact hours/2 preparation hours
- 1999 Cardiovascular Grand Rounds Brigham and Women's Hospital  
**When Should Heart Disease Prevention Begin?**  
 Invited Speaker  
 ~50 physicians, residents, fellows and postdoctoral students  
 1 contact hours/2 preparation hours
- 1999 Cardiovascular Grand Rounds VA Boston Healthcare System, West Roxbury Division  
**Update on Lipid Therapy**  
 Invited Speaker  
 ~30 physicians, residents, fellows and postdoctoral students  
 1 contact hours/3 preparation hours
- 1999 Cardiovascular Grand Rounds Beth Israel Deaconess Medical Center, Boston, MA  
**Evidence-based Cardiovascular Prevention**  
 Invited Speaker  
 ~100 physicians, residents, fellows and postdoctoral students  
 1 contact hours/3 preparation hours
- 2000 Medical Grand Rounds VA Boston Healthcare System, West Roxbury Division  
**Global Burden of CVD**  
 Invited Speaker  
 ~60 physicians, residents and fellows  
 1 contact hours/5 preparation hours

- 2000 Medical Grand Rounds VA Boston Healthcare System, Jamaica Plain, MA  
**Alcohol and Cardiovascular Disease**  
 Invited Speaker  
 ~60 physicians, residents, fellow and postdoctoral students  
 1 contact hour/3 preparation hours
- 2000 Medical Grand Rounds VA Boston Healthcare System, West Roxbury, MA  
**Should We Take Anti-oxidant Vitamins to Prevent Chronic Diseases**  
 Invited Speaker  
 ~ 60 physicians, residents, fellow and postdoctoral students  
 1 contact hour/3 preparation hours
- 2000 VA Boston Healthcare System, Jamaica Plain Division  
**Evidenced Based Reading of Medical Literature**  
 Invited Speaker  
 12 residents/fellows  
 1 contact hour/2 preparation hours
- 2000 VA Boston Healthcare System, West Roxbury Division  
**Preventive Cardiology: Traditional Risk Factors**  
 Invited Speaker  
 12 residents/fellows  
 1 contact hour/2 preparation hours
- 2000 VA Boston Healthcare System, West Roxbury Division  
**Preventive Cardiology: Novel Risk Factors**  
 Invited Speaker  
 12 residents/fellows  
 1 contact hour/2 preparation hours
- 2001 **Resident Research Report**  
 Discussion Leader  
 10 Residents  
 1.5 contact hours/2 preparation hours
- 2001 Medical Grand Rounds VA Boston Healthcare System, West Roxbury, MA  
**Prostate Cancer and the SELECT Trial**  
 Invited Speaker  
 ~50 physicians, residents, fellows, postdoctoral students, nurses  
 1 contact hour/3preparation hours
- 2001 Medical Grand Rounds Cambridge Hospital  
**The Physicians Health Study after Twenty Years**  
 Invited Speaker  
 ~ 50 physicians, residents, fellows, postdoctoral students, nurses, social workers  
 1 contact hour/3 preparation hours
- 2002 **Resident Research Report**  
 Discussion Leader  
 10 Residents  
 1.5 contact hours/2 preparation hours
- 2002 Cardiovascular Grand Rounds Massachusetts General Hospital  
**Preventive Cardiology: What's Old - What's New?**  
 Invited Speaker  
 ~100 physicians, residents, fellows and postdoctoral students  
 1 contact hour/3 preparation hour
- 2002 Geriatric Grand Rounds Harvard Medical School Division on Aging  
**The Changing Global Burden of Chronic Disease**  
 Invited Speaker  
 ~30 physicians, residents, fellows and postdoctoral students  
 1 contact hour/3 preparation hours

- 2002 Primary Care Grand Rounds Boston VA Medical Center  
**Primary Care Clinical Conference** (Lipid Cases)  
 Lecturer  
 30 Faculty, 5 house staff hours
- 2002 Primary Care Grand Rounds Brigham and Women's Hospital  
**New Cardiac Risk Factors**  
 Invited Speaker  
 ~ 25 physicians, residents, fellows, postdoctoral students  
 1 contact hour/3 preparation hours
- 2003 **Resident Research Report**  
 Discussion Leader  
 10 Residents  
 1.5 contact hours/2 preparation hours
- 2003 Hebrew Rehabilitation and Convalescent Center, Boston, MA  
**Update in Preventive Cardiology**  
 Invited Speaker  
 ~10 physicians  
 1 contact hour/3 preparation hours
- 2004 **Resident Research Report**  
 Discussion Leader  
 10 Residents  
 1.5 contact hours/2 preparation hours
- 2004 **Korean Geriatric Program, Geriatric Education Center (GEC)**  
 Cardiovascular Disease Prevention in the Elderly, Boston, MA  
 Invited Speaker  
 ~20 Visiting Korean Scholars  
 1 contact hour/3 preparation hours
- 2004 Medical Grand Rounds Norwood Hospital  
**Update on Preventive Cardiology**  
 Invited Speaker  
 ~50 Physicians residents, fellows, and postdoctoral students  
 1 contact hour/3 preparation hours
- 2004 Geriatric Grand Rounds Harvard Medical School Division on Aging  
**Aspirin for Prevention**  
 Invited Speaker  
 ~50 physicians, resident, fellows and postdoctoral students  
 1 contact hour/3 preparation hours
- 2004 18<sup>th</sup> Annual Northeast Region Clinical Laboratory Management Association,  
 Boxborough, MA Clinical Ligand Assay Society and American Association for  
 Clinical Chemistry  
**Utility of CRP as a Predictor of Cardiovascular Events**  
 ~120 medical doctors  
 1 contact hours/3 preparation hours
- 2004 Boston University Core Curriculum in Adult Primary Care Medicine  
**Screening Asymptomatic Patients for Cardiovascular Disease.**  
 ~150 physicians  
 Invited Speaker  
 1 contact hour/3 preparation hours

2004 Brigham and Women's Hospital Geriatric Education Center (GEC), Korean Exchange Program  
**Cardiovascular Health for all Ages**  
~ 30 Visiting Korean Scholars  
Invited Speaker  
1 contact hour/3 preparation hours

2004 MAVERIC Mini Medical School  
**The Causes of CAD**  
25 Attendees  
1 contact hour/3 preparation hours

2004 MAVERIC Mini Medical School  
**CAD Prevention**  
25 Attendees  
1 contact hour/3 preparation hours

2004 MAVERIC Mini Medical School  
**Risk factor modification**  
25 Attendees  
1 contact hour/3 preparation hours

2004 Morning Report  
**Triglycerides**  
20 residents  
1 contact hour/3 preparation hours

2005 **Resident Research Report**  
Discussion Leader  
10 Residents  
1.5 contact hours/2 preparation hours

2005 **Korean Geriatric Program, Geriatric Education Center (GEC)**  
Cardiovascular Disease Prevention in the Elderly, Boston, MA  
Invited Speaker  
~20 Visiting Korean Scholars  
1 contact hour/3 preparation hours

2005 Best Practices Cardiology Workshop  
**Management of Hyperlipidemia**  
~80 physicians, nurses, fellows, residents  
**1 contact hour/3 preparation hours**

2005 West Roxbury VA Cardiology Grand Rounds  
**Aspirin in Primary and Secondary Prevention: An Update**  
25 physicians, residents and fellows  
1 contact hour/3 preparation hours

2005 Jamaica Plain VA Medical Grand Rounds  
**Aspirin in Primary and Secondary Prevention: An Update**  
60 physicians, residents and fellows  
1 contact hour/2 preparation hours

2006 **Resident Research Report**  
Discussion Leader  
10 Residents  
1.5 contact hours/2 preparation hours

**c. Continuing Medical Education**

- 1993 Fourth Annual Massachusetts Conference on Cholesterol, Framingham, MA  
**Vitamins in the Development of Cardiovascular Disease**  
Faculty:  
~100 physicians  
1 contact hour/3 preparation hours
- 1994 Office Practice of Primary Care Medicine, Principles and Practices, Massachusetts General Hospital, Boston, MA  
**Antioxidants for Primary Prevention of Coronary Heart Disease**  
Faculty  
~150 physicians  
1 contact hour/2 preparation hours
- 1998 Update in Clinical Cardiology, Massachusetts General Hospital, Boston, MA  
**Risk Factors for CVD: Contribution of Different Kinds of Evidence**  
Faculty  
~200 physicians  
1 contact hour/2 preparation hours
- 1999 Office Practice of Primary Care Medicine, Brigham and Women's Hospital and Massachusetts General Hospital, Boston, MA  
**New Coronary Risk Factors**  
Faculty  
~150 physicians  
1 contact hour/2 preparation hours
- 2000 Office Practice of Primary Care Medicine, Brigham and Women's Hospital and Massachusetts General Hospital, Boston, MA  
**Traditional and Novel Risk Factors for CVD**  
Faculty  
~150 physicians and fellows  
1 contact hour/2 preparation hours
- 2003 19<sup>th</sup> Annual Review of Geriatric Medicine, Harvard Medical School (Faculty), Boston, MA  
**Coronary Artery Disease Among the Elderly**  
Faculty  
~150 physicians and fellows  
1 contact hours/3 preparation hours
- 2003 Partners Physicians Day, Partners HealthCare System  
**Diagnostic Testing & Screening in the Elderly**  
Faculty  
~ 40 physicians  
1 contact hours/3 preparation hours
- 2004 20<sup>th</sup> Annual Review of Geriatric Medicine, Harvard Medical School (Course Co-Director and Faculty), Boston, MA  
**Cardiovascular Health**  
~150 physicians and fellows  
1 contact hour/3 preparation hours
- 2004 20<sup>th</sup> Annual Review of Geriatric Medicine, Harvard Medical School (Course Co-Director and Faculty)  
**Coronary Artery Disease Among the Elderly**  
~150 physicians and fellows  
1 contact hour/3 preparation hours
- 2005 21<sup>st</sup> Annual Review of Geriatric Medicine, Harvard Medical School (Course Co-Director and Faculty, Boston, MA

**Management of Hypertension**

~150 physicians and fellows  
1 contact hour/3 preparation hours  
2005 21st Annual Review of Geriatric Medicine, Harvard Medical School (Course Co Director and Faculty)

**Management of Coronary Artery Disease**

~150 physicians and fellows  
1 contact hour/3 preparation hours  
2006 21st Annual Review of Geriatric Medicine, Harvard Medical School (Course Co Director and Faculty)

**Dyslipdemia**

~150 physicians and fellows  
1 contact hour/3 preparation hours

**d. Advisory/supervisory in clinical and research settings**

- 1993-2000 Supervision/Teaching of Interns and Residents in Internal Medicine as Visit on Medical Service (June, 1993; September, 1993; June 1994; August 1994; August 1995; November 1995, December 1995, August 1996, September 1999, October 2000) VA Boston Healthcare System
- 1993-1997 Supervision/Teaching of Fellows in Cardiology as inpatient consult attending VA Boston Healthcare System for one or two months per year.
- 1993- Supervision/Teaching of Trainees in Epidemiology  
Division of Preventive Medicine, Brigham and Women's Hospital
- I have served as the primary mentor for eight trainees and a secondary mentor to many trainees all of whom are enrolled in a degree program at the Harvard School of Public Health as part of two T32 NIH training programs.
- 1996- Director, Fellowship in Preventive Cardiology,  
Boston VA Healthcare System  
I directly supervise 2-3 fellows per year  
(See below)
- 1998- Director, Special Ambulatory Care Fellowship Program  
Boston VA Healthcare System  
I directly supervise 4-6 fellows per year  
(See below)
- 2004- Director, GRECC Research Fellowship Program  
Boston VA Healthcare System  
I directly supervise 1-2 fellows per year  
(See below)

**e. Teaching leadership role**

- 1996- Director of the Fellowship in Preventive Cardiology at the VA Boston Healthcare System

This is a fellowship program that I developed. Each year I oversee the selection of two or three one-year fellows. I oversee fellow clinical activities and provide instruction for approximately 600 in-patient consults and 2000 outpatient visits annually. Extensive time has been devoted to developing patient education materials and teaching manuals for fellows and ancillary staff. These are compiled in a 300-page manual. I run a weekly seminar where didactic instruction, review of clinical cases, and journal club takes place.

1998- Director of the Special Ambulatory Care Fellowship Program at the Boston VA Healthcare System.

Each year two two-year fellows are recruited as part of the combined Harvard General Medicine Fellowship Program. I serve as one of the six directors of the program and on the selection committee. Fellows are enrolled in the masters program at the Harvard School of Public Health, gain experience in hands on research, attend an ambulatory care continuity clinic, and attend in internal medicine. Fellows have an option to stay for a third year. I oversee all non-clinical activities and clinical activities are supervised by Dr. Jamie Levenson. I run a weekly conference that provides instruction on study design, analysis, and manuscript preparation as well as individual tutoring.

Before assuming leadership of this program, it was only loosely affiliated with the General Medicine Fellowship and never filled its available slots. I re-established close links with the Harvard General Medicine Fellowship Program.

2002- Director of the research component of the GRECC Fellowship Program at the VA Boston Healthcare System.

Each year two two-year fellows are recruited as part of the combined Harvard Geriatric Fellowship Program. I serve as one of the directors of the program and on the selection committee. All first year fellows rotate through the VA in various clinical settings under the Direction of Dr. Michael Cantor. Second year fellows can enroll in the masters program at the Harvard School of Public Health, gain experience in hands on research under my direction. I run a weekly conference that provides instruction on study design, analysis, and manuscript preparation as well as individual tutoring. Before I assumed leadership of this program, it was dormant with no fellow rotating at VA Boston Healthcare System.

2004- Co-Program Director, Institutional National Research Service Award (NRSA) T32 for Research Training in Epidemiology in Aging.

This training program is directed by Dr. Julie Buring. I serve on the steering and selection committees and act as a liaison to the Harvard Geriatric Fellowship program. I also mentor trainees in research and provide career mentoring.

2004- Annual Review of Geriatric Medicine, Harvard Medical School (Course Co-Director and Faculty)

The annual geriatric review course takes place in Boston, MA in. Since 2004 Dr. Gaziano has been a Course Co-Director, lecturer and chairs sessions.

f. **Names of trainees under direct supervision**

**Pre-or Post-  
Doctoral  
Training Period**

**Student's Name**

**Current Position**

**RESEARCH FELLOWS**

Predoctoral 1995-1999	Howard Sesso	Associate Epidemiologist, Brigham and Women's Hospital; Assistant Professor of Medicine, Harvard Medical School
Postdoctoral 1996-1998	Mary Sabolsi	Physician, Infectious Disease, Faulkner Hospital, Boston, MA
Postdoctoral 1996-1997	Thomas Gaziano	Associate Physician, Brigham and Women's Hospital; Instructor in Medicine, Harvard Medical School
Postdoctoral 1997-1998	Jorg Muntwyler	Physician, University Hospital of Zurich, Switzerland
Postdoctoral 1997-1999	Paulo Latufo	Associate Professor, University of Sao Paulo, Brazil
Postdoctoral 1998-1999	Max Luna	Physician, Guatemala
Postdoctoral 1998-1999	Hans Kim	Staff Physician Internal Medicine, Beth Israel Deaconess, Boston, MA; Instructor of Medicine, Harvard Medical School
Postdoctoral 1999-2000	James Levenson	Staff Physician, VA Boston Healthcare System, West Roxbury Division; Instructor of Medicine, Harvard Medical School
Postdoctoral 1999-2000	Richard Scranton	Staff Physician VA Boston Healthcare System, Boston VA Healthcare System; Associate Physician Brigham and Women's Hospital; Instructor of Medicine, Harvard Medical School
Postdoctoral 1999-2001	Vicki Jackson	Clinician, Massachusetts General Hospital; Instructor of Medicine, Harvard Medical School
Postdoctoral 1998-1999	Eric Weil	Physician, Massachusetts General Hospital; Instructor of Medicine, Harvard Medical School
Postdoctoral 1999-2001	James Orford	Fellow, Cardiovascular Disease, Mayo Graduate School of Medicine
Predoctoral 1999-2003	Tobias Kurth	Associate Epidemiologist, Brigham and Women's Hospital; Instructor in Medicine, Harvard Medical School
Predoctoral 2000-Present	Elizabeth Lawler	Doctoral Student, BU School of Public Health
Postdoctoral 2001-2004	Thomas Bowman	Health Research/Ambulatory Care Fellow, VA Boston Healthcare System; Clinical Research Fellow, Harvard Medical School
Postdoctoral 2001-2003	Ryan Secan	Private Practice Physician, Florida
Postdoctoral	Amy Weinstein	Physician, Beth Isreal Deaconess Medical Center;

<b>Pre-or Post- Doctoral Training Period</b>	<b>Student's Name</b>	<b>Current Position</b>
2002-2004		Instructor of Medicine, Harvard Medical School
Postdoctoral 2002-Present	Ruben Halprin	Private Practice Physician, Portland Oregon
Postdoctoral 2003-Present	Wildon Farwell	Health Research/Ambulatory Care Fellow, VA Boston Healthcare System
Postdoctoral 2003-Present	Rebekah Kapolwitz	Health Research/Ambulatory Care Fellow, VA Boston Healthcare System
Postdoctoral 2003-2005	Laurel Yates	Associate Physician, Brigham and Women's Hospital; Instructor of Medicine, Harvard Medical School
Postdoctoral 2003-2005	Jatin Dave	Associate Physician, Brigham and Women's Hospital; Instructor of Medicine, Harvard Medical School
Postdoctoral 2003-2005	Heike Bishkoff-Ferrari	Private Physician, Switzerland
Postdoctoral 2004-Present	Glen Kim	Health Research/Ambulatory Care Fellow, VA Boston Healthcare System
Postdoctoral 2004-Present	Rebecca Gelber	Health Research/Ambulatory Care Fellow, VA Boston Healthcare System
Postdoctoral 2005-Present	Catherine Rahilly	Health Research Ambulatory Care Fellow, VA Boston Healthcare System
Postdoctoral 2005-Present	Thomas Issac	Health Research Ambulatory Care Fellow, VA Boston Healthcare System

### **RESEARCH/CLINICAL FELLOWS**

Postdoctoral 1994-1996	Susan Godfried	Cardiologist - South Shore Hospital, Weymouth, MA
Postdoctoral 1996	Christopher Roy	Physician - Brigham and Women's Hospital
Postdoctoral 1998-1999	Agha Haidar	Cardiology Fellow, University of Pennsylvania
Postdoctoral 2000-2001	Francisco Lopez-Jimenez	Senior Associate Consultant, Cardiovascular Division, Mayo Clinic
Postdoctoral 2000-2001	Maciej K. Malinski	Cardiology Fellow, St. Vincent Hospital Worcester Medical Center
Postdoctoral 2001-2003	Dawn Kershner	Private Practice Physician, Bethesda, Maryland
Postdoctoral 2001-2003	Michael Widlansky	Research Fellow, Boston University Medical Center
Postdoctoral 2002-2003	Jyothy Puthumana	Echo/Nuclear Cardiovascular Fellow, Columbia University, NY
Postdoctoral 2002-Present	Satish Kenchaiah	Cardiology Fellow, University of California, Irvine

<b>Pre-or Post- Doctoral Training Period</b>	<b>Student's Name</b>	<b>Current Position</b>
<b>CLINICAL FELLOWS</b>		
Postdoctoral 1996-1997	Prazad Katakam	Private Practice, Georgia
Postdoctoral 1997-1998	Ahmer Zaheer	Clinical Instructor, Baylor School of Medicine, Texas
Postdoctoral 1997-1998	Monzer Kumalmaz	Internist/Nephrologist, Engwood Hospital Medical Center New Jersey
Postdoctoral 1998-1999	Sunil Patel	Cardiology Fellowship, New Jersey
Postdoctoral 1999-2000	Giulia Sheftel	Private Practice, Newton Wellesley Hospital, Wellesley, MA
Postdoctoral 1999-2000	Carlos Albrecht	Director of Cardiology Services, Valley View Hospital, Englewood, CO.
Postdoctoral 2001-2002	Judy Lytle	Internist, Private Practice, Boston, MA
Postdoctoral 2002-2003	Tahir Haytoghlu	Physician, American Hospital, Istanbul, Turkey
2004-Present	Ravi Dhingra	Ambulatory and Preventive Cardiology Fellow, Boston VA Medical Center
2004-Present	Vignendra Ariyarajah	Ambulatory and Preventive Cardiology Fellow, Boston VA Medical Center
2005- Present	Tanvir Hussain	Ambulatory and Preventive Cardiology Fellow, Boston VA Medical Center
<b>Career Development Awardees</b>		
2000	Howard Sesso (AHA CDA)	Associate Epidemiologist, Brigham and Women's Hospital; Assistant Professor of Medicine, Harvard Medical School
2002-	Richard Scranton (VA-CDA)	Staff Physician VA Boston Healthcare System, Boston VA Healthcare System; Associate Physician Brigham and Women's Hospital; Instructor of Medicine, Harvard Medical School
2004-	Thomas Bowman (VA-CDA)	Staff Physician VA Boston Healthcare System, Boston VA Healthcare System; Associate Physician Brigham and Women's Hospital; Instructor of Medicine, Harvard Medical School
2004-	Laurel Yates (Hartford Fellowship)	Associate Physician Brigham and Women's Hospital; Instructor of Medicine, Harvard Medical School
2005	Lisa Jovette Crossley (Jahnigen Career Development)	Fellow – Brigham and Women's Hospital
2006-	Amy Helstrom	Clinical Psychologist – Boston VA Healthcare System

## 2. Regional, National or International Contributions

### a. Invited Presentations

#### Regional

- 1993 Invited Speaker: **Dietary Antioxidants and Cardiovascular Disease**  
Medical Grand Rounds, Maine Medical Center, Portland, ME
- 1995 Invited Speaker: **Oxidation and Atherosclerosis**  
Bar Harbor Medical Symposium, Bar Harbor, ME
- 1995 Invited Speaker: **Antioxidant Vitamins and CHD Risk**  
Bar Harbor Medical Symposium, Bar Harbor, ME
- 1995 Invited Speaker: **Vitamin Antioxidants, Heart Disease and Cancer**  
FASEB Summer Research Conference on Antioxidant Nutrients in the Cellular  
Biology of Health and Disease, Vermont
- 1997 Invited Speaker: **Coronary Artery Disease Prevention: A Case Management  
Model** Medical Ground Rounds, Sound Shore Hospital, New Rochelle, CT
- 1997 Invited Speaker: **Prevention of Cardiovascular Disease** Medical Ground  
Rounds, University of Connecticut Medical Center, Farmington, CT
- 1998 Invited Speaker: **Beyond Cholesterol: Novel Risk Factors for  
Coronary Disease** 27th Annual Samuel Dresner Plotkin Symposium,  
Bay State Medical Center, Springfield, MA
- 1998 Key Note Presentation: **Vitamin Therapy** Maine Chapter of the  
American College of Physicians Annual Meeting, Portland, ME
- 1999 Invited Speaker: **Hyper-Triglyceridemia as a Risk Factor for  
Cardiovascular Disease** Endocrine Grand Rounds, Rhode Island  
Hospital, Providence, RI
- 2006 Invited Presenter: **Structure of VA Research and Application for General  
Research Funding Within VA MAVERIC.** VA Symposium Workshop, SGIM New  
England Regional Meeting, Boston, MA
- 2006 Invited Presenter: **CardioVascular Issues in Managing Arthritis Pain.**  
Balancing the risks and benefits of treatment with NSAIDs including Cox-2  
Selective Agents Forum. Boston, MA
- 2006 Invited Presenter: **CardioVascular Issues in Managing Arthritis Pain.**  
Balancing the risks and benefits of treatment with NSAIDs including Cox-2  
Selective Agents Forum. Worcester, MA
- 2006 Invited Presenter: **CardioVascular Issues in Managing Arthritis Pain.**  
Balancing the risks and benefits of treatment with NSAIDs including Cox-2  
Selective Agents Forum. Cambridge, MA

#### National

- 1992 Invited Speaker: **Antioxidants to Prevention Coronary Artery  
Disease. The Wave of the Future.** Cardiovascular Disease Update,  
Medical College of Ohio, Toledo, OH
- 1993 Key Note Speaker: **Antithrombotic and Thrombotic Therapy**  
HeartLife, Greenville NC
- 1993 Invited Speaker: **Antioxidants and CAD** Medical Grand Rounds,  
Manchester Memorial Hospital, Manchester, NH

- 1993 Invited Speaker: **Supplementation with Beta-carotene In Vivo or In Vitro does not Inhibit LDL Oxidation** Third Annual Health Science Association. J Wayne Ebright Lipid Investigators Research Conference, Rahway, NJ
- 1993 Invited Speaker: **Lipid Management: The Role of Dietary Antioxidants in the Prevention of Cardiovascular Disease** Medical Grand Rounds. Orlando Regional Healthcare System, Orlando, FL
- 1993 Invited Speaker: **Vitamin Antioxidants in Cancer Prevention** XVII Interamerican Medical Congress, Spanish American Medical Society, New York, NY
- 1993 Invited Speaker: **Thrombolytic Therapy** Medical Grand Rounds, Montgomery Hospital, Norristown, PA
- 1993 Invited Speaker: **All Trans and 9-CIS Isomers of Beta-carotene After Chronic Supplementation** American Heart Association Annual Meetings
- 1993 Invited Speaker: **Thrombolytic Therapy** Medical Grand Rounds. Mercy Catholic Medical Center, Darby, PA
- 1994 Invited Speaker: **Antithrombotic and Thrombolytic Therapy in Acute MI** Medical Grand Rounds, North Pennsylvania Hospital, Lansdale, PA
- 1994 Invited Speaker: **Thrombolysis & Acute MI** Medical Grand Rounds. Harbor Hospital Center, Baltimore, MD
- 1994 Invited Speaker: **From GISSI to ISIS to GUSTO: Making Sense of the Thrombolytic Trials** Cardiology Grand Rounds. New York Medical College, Westchester County Medical Center, Valhalla, NY
- 1994 Invited Speaker: **Thrombolytic Therapy** Medical Grand Rounds, Westmoreland Regional Hospital, Greensburg, PA
- 1994 Invited Speaker: **Alcohol and Coronary Heart Disease: Mechanisms of Action** The Italian Trade Commission, West Islip, NY
- 1994 Invited Speaker: **Dietary Antioxidants in CVD: Epidemiologic Studies & Randomized Trials** 24th Annual Meeting, American Aging Association Washington, DC.
- 1994 Invited Speaker: **Alcohol and CHD** Belle Mini Symposium. Annual Conference of American College of Toxicology, Williamsburg, VA.
- 1994 Invited Speaker: **Thrombolytic Therapy** Medical Grand Rounds. University of Wisconsin Medical School, Mt. Sinai Campus, Milwaukee, WI
- 1994 Invited Speaker: **Antioxidants and the Risk of Coronary Heart Disease** Medical Grand Rounds. St. Francis Medical Center, Santa Barbara, CA
- 1994 Invited Speaker: **Thrombolytics** Cardiology Conference, Bay State Medical Center, Springfield, MA
- 1995 Invited Speaker: The Epidemiology of Antioxidants and **Cardiovascular Disease**. The Second International Symposium on Vitamins and Biofactors, San Diego, CA
- 1995 Invited Speaker: **Update on Antioxidants in Cardiovascular Disease** Manchester Memorial Hospital, Manchester, CT
- 1995 Invited Speaker: **The Physicians' Health Study and Others: The Potential Effect of Antioxidant Agents on Atherosclerosis Disease Progression** Society of Vascular Medicine and Biology. The Pharmacotherapy of Claudication: A New Frontier for Vascular Therapies, Washington, DC
- 1995 Invited Speaker: **Antioxidants: The Traditional Approach** American Heart Association. Complementary Medicine and Heart Disease: Separating Fact from Promise, Baltimore, MD

- 1995 Invited Speaker: **Are Antioxidants Effective Therapy?** The Tenth Annual Meredith Morgan Symposium: Today's Research, San Francisco, CA
- 1995 Invited Speaker: **Mechanisms of Antioxidants and CVD: Beyond LDL.** Antioxidant Vitamins and Cardiovascular Disease: Current and Future Perspectives. American Heart Association Annual Meeting, Anaheim, CA
- 1996 Invited Speaker: **Trials of Vitamin E and Cardiovascular Disease** Oxygen Club of California, Santa Barbara, CA
- 1996 Invited Speaker: Antioxidant Vitamins and Coronary Artery Disease Great Lakes Association of Clinical Medicine Symposium, Chicago, IL
- 1996 Invited Speaker: **Molecular Mechanisms and Health Effects of Vitamin E** FASEB Experiment Biology 96, Washington, DC
- 1996 Invited Speaker: **Supporting Data from Intervention Studies on Cardiovascular Disease Prevention** The Toxicology Forum, Given Biomedical Institute, Aspen, CO
- 1997 Invited Speaker: **Novel CVD Risk Factors** AHA Greater Los Angeles Affiliate Fall Symposium, Los Angeles, CA
- 1997 Invited Speaker: **Randomized Trials of Antioxidant Vitamins** Oxidant and Antioxidant Meeting of the US-Japan Nutrition and Metabolism Panel, Welches, OR
- 1998 **Clinical Research Methods Course (Faculty) Selecting Research Design** National VA Cooperative Studies Program, Chicago IL
- 1998 Moderator: **Traditional Risk Factors Explain the High CHD Mortality in the Coronary Valley** Coronary Valley Symposium, Lexington, KY
- 1998 Invited Speaker: **Reviewing the Evidence: New Perspectives on Beta-Blockade and Other Appropriate Therapies in Cardiovascular Disease** Cardiovascular Grand Rounds, Long Island Medical Center, Long Island, NY
- 1998 Invited Speaker: **Reviewing the Evidence: New Perspectives on Beta-Blockade and Other Appropriate Therapies in Cardiovascular Disease** Medical Grand Rounds, Minneapolis VAMC
- 1998 Invited Speaker: **Update on Alcohol and Heart Disease** Wine Institute: Moderation vs. No Use: New Science Refutes Old Politics, National Press Club, Washington, DC
- 1998 Invited Speaker: **Reviewing the Evidence: New Perspectives on Beta-Blockade and Other Appropriate Therapies in Cardiovascular Disease** Cardiovascular Grand Rounds, Weirton Medical Center, Weirton, WV
- 1998 Invited Speaker: **Dietary Flavonoids in the Prevention of Heart Disease: The Epidemiologic Evidence** 81st Annual Meeting of the American Dietetic Association, Kansas City, KS
- 1998 Invited Speaker: **Triglycerides as a Risk Factor: The Epidemiological Data Reducing Risk Factors for CHD:** Focus on Triglycerides and Long-Chain Omega-2 PUFA Symposium, New York, NY
- 1998 Invited Speaker: **When Should Heart Disease Prevention Begin?** Medical College of Ohio, 10th Annual Update in Cardiovascular Disease Symposium, Toledo, OH
- 1998 Session Moderator: **New Risk Factors.** American Heart Association 71<sup>st</sup> Scientific Sessions. Dallas, TX

- 1998 Invited Speaker: **Should I Take Antioxidants, Red Wine, Garlic, Grapefruit Juice & Estrogens** The 31st Annual ACC New York Cardiovascular Symposium, New York, NY
- 1998 Invited Speaker: **Antioxidants** Medical Grand Rounds, Miami Valley Hospital, Dayton, OH
- 1999 **VA Summer Epidemiology Course (Course Co-Founder and Faculty) Critical Reading of the Literature** University of Washington, Seattle, WA
- 1999 Key Note Address: **Epidemiology Research Opportunities in the VA** VA Health Services Research and Development. Washington, DC
- 1999 Invited Presenter: **High Risk Study Populations in Prostate Cancer Prevention Trials** Strategies for New Clinical Trials for Prostate Cancer Chemoprevention, Prostate Cancer Workshop, National Cancer Institute, Baltimore, MD
- 2000 Invited Speaker: **Evidence based preventive cardiology in the year 2000.** Cardiovascular Grand Rounds, University Hospital, Cleveland, OH
- 2000 Invited Speaker: **Alternative Therapies for Heart Disease** Cardiovascular Patient Management in the New Millennium. AHA Physicians' Conference, Richmond VA
- 2000 Invited Guest Speaker: **Antioxidants and Cardiovascular Disease.** Antioxidants and Diseases of Elderly Persons. American Geriatrics Society/American Federation for Aging Research Annual Scientific Meeting, Nashville, TN
- 2000 Invited Speaker: **Beta Carotene and Prostate Health.** Whitehall Robbins. Madison, NJ.
- 2000 Keynote Speaker: **Nutrition and Cancer Prevention.** Cancer Expo. St. Luke's Community Health Education Center, St. Joseph's Hospital and American Cancer Society. Bellingham, WA
- 2000 Invited Speaker: **Beta Carotene and Cardiovascular Disease.** Symposium: Vitamins for Heart Disease Prevention: What's Hot and What's Not. American Heart Association Meeting. New Orleans, LA.
- 2000 Invited Speaker: **Carotenoids and Chronic Disease.** Roche Pharmaceuticals, Newark, NJ
- 2000 Invited Speaker: **Antioxidants and Cancer.** St. Joseph's Hospital. Bellingham, WA
- 2000 Invited Speaker: **Risk Factors for Heart Disease: Old and New.** St. Joseph Hospital, Bellingham, WA
- 2000 **VA Summer Epidemiology Course (Course Coordinator and Faculty) Critical Reading of the Literature** Harvard Medical School, Boston University Medical School, Boston, MA
- 2001 Invited Speaker: **Beyond LDL: Vitamin E, Folate, Omega-3 Fatty Acids in Risk Factor Reduction.** American College of Cardiology Cardiovascular Conference at Snowshoe, Snowshoe, WV
- 2001 Invited Speaker: **Randomized Trials of Vitamins by Mail: the Physicians Health Study and Women's Health Study.** Oxygen Club of California 2001 World Congress. Santa Barbara, CA
- 2001 Invited Speaker: **Alternative Treatments for Coronary Artery Disease.** American College of Cardiology Cardiovascular Conference at Snowshoe, Snowshoe, WV
- 2001 Invited Speaker: **Will We Be Using CRP and Other Markers of Inflammation for Management of Patients at Risk of Future Cardiac Events.** American College of Cardiology Cardiovascular Conference at Snowshoe, Snowshoe, WV

- 2001 Keynote Speaker: **The Physicians' Health Study Twenty Years Later**  
The Thomas W. Mou Lecture. University of West Virginia Medical  
School Research Conference. Charleston, WV.
- 2001 Invited Speaker: **Dietary Antioxidants and Cardiovascular Disease:  
Observational and Trial Data.** Diet and Optimum Health. Linus  
Pauling Institute. Oregon State University. Portland, OR.
- 2001 **VA Summer Epidemiology Course (Faculty) Critical Reading of the  
Literature** University of North Carolina, Durham, NC
- 2002 Invited Speaker: **Controversy in Cardiology. Electron Beam  
Tomography. Is it a Useful Tool for Screening of Coronary  
Disease?** American College of Cardiology Cardiovascular Conference  
at Snowshoe, Snowshoe, WV
- 2002 Invited Speaker: **Primary Prevention of Vascular Disease -What's  
Old? What's New?** American College of Cardiology Cardiovascular  
Conference at Snowshoe, Snowshoe, WV
- 2002 Invited Speaker: **Controversy in Cardiology. LDL and HDL Subfractions  
Should Usually be Measured to Manage Lipid Disorders** American  
College of Cardiology Cardiovascular Conference at Snowshoe,  
Snowshoe, WV
- 2002 Invited Speaker: **Novel Risk Factors for Cardiovascular Disease.**  
Community Care Physicians Fall Education Forum, Letham, NY
- 2002 Invited speaker: **Homocysteine and Cardiovascular Disease.** Host  
Annual Meeting, Chicago, IL
- 2002 **VA Summer Epidemiology Course (Faculty) Introduction to Grant  
Writing** University of Washington, Seattle, WA
- 2003 Invited Speaker. **Role and Impact of Epidemiology in Benefit-Risk  
Assessment** CHPA 2003 Regulatory & Scientific Conference.  
Washington, DC.
- 2003 Invited Speaker. **Patients with History of Cardio-Renal Disease**  
State-of-the-Art Management of Mild-to-Moderate Pain: From  
Adolescence Through Old Age. Office of Women's Health and U.S.  
Department of Health and Human Services. Washington DC
- 2003 **VA Summer Epidemiology Course (Faculty) Introduction to Grant  
Writing** University of Washington, Seattle, WA
- 2003 Invited Speaker. **Role and Impact of Epidemiology in Benefit-Risk  
Assessment** CHPA 2003 Regulatory & Scientific Conference.  
Washington, DC.
- 2003 Invited Speaker. **Patients with History of Cardio-Renal Disease**  
State-of-the-Art Management of Mild-to-Moderate Pain: From  
Adolescence Through Old Age. Office of Women's Health and U.S.  
Department of Health and Human Services. Washington DC
- 2004 Invited Speaker. **Effect of Nonsteroidal Anti-inflammatory Drugs on  
the Clinical Benefits of Aspirin.** Clinical Implications of concomitant  
non-opioid analgesia in patients with or at risk of CVD. New Orleans LA
- 2004 Invited Speaker. **Vitamin E and Cardiovascular Disease:  
Observational Studies.** New York Academy of Sciences Vitamin E  
Conference, Boston, MA
- 2004 Invited Speaker. **Effect of Non-opioid Analgesics on Blood Pressure.**  
Clinical Implications of Concomitant non-opioid analgesia in patients  
with or at risk of CVD. New Orleans LA.

- 2004 Invited Speaker. **Effect of Nonsteroidal Anti-inflammatory Drugs on the Clinical Benefits of Aspirin.** Clinical Implications of concomitant non-opioid analgesia in patients with or at risk of CVD. New Orleans LA.
- 2004 Invited Speaker. **Effect of Non-opioid Analgesics on Blood Pressure.** Clinical Implications of Concomitant non-opioid analgesia in patients with or at risk of CVD. New Orleans LA
- 2004 Invited Speaker. **Risk of Disability in Psychiatric and Complex Medical Claims.**  
Disability Experts Forum. Ft. Walton, FL.
- 2004 Faculty, **Epidemiology and Biostatistic Research Methods Distance Learning/Cyber Session** Developing Scientific Research Proposals (Grant Writing) Televised nationally on the Learning Channel
- 2004 Invited Speaker. **Vitamin E and Cardiovascular Disease: Observational Studies.** New York Academy of Sciences Vitamin E Conference, Boston, MA
- 2005 Invited Speaker. **Management of CVD in the Elderly.** Symposium: Management of Coronary Disease in Special Populations. Mayo Clinic, Rochester, MN.
- 2005 Invited Speaker. **Women's Health Study.** Evolving Evidence of Aspirin Effectiveness. The Center for Health Care Education. Satellite Symposium. Dallas TX
- 2006 Invited Speaker. **The Role of CRP in Clinical Practice.** 25<sup>th</sup> Midwinter American College of Cardiology Cardiovascular Conference, Snowshoe, WV.
- 2006 Invited Speaker. **Treatment of Obesity.** 25<sup>th</sup> Midwinter American College of Cardiology Cardiovascular Conference, Snowshoe, WV.
- 2006 Invited Speaker. **Treatment of Obesity.** Change of Heart. A Clinical Perspective of Women and Heart Disease. WakeMed. Raleigh, NC.

## International

- 1992 Invited Speaker: **Ongoing Intervention Beta-carotene Trials**  
New Vitamin Research, The University of Sydney, Sydney, Australia
- 1993 Invited Speaker: **Dietary Antioxidants, Coronary heart Disease & Cancer** Postgraduate Program in Human Nutrition, Wageningen, The Netherlands
- 1993 Invited Speaker: **Oxidation and Antioxidant in Atherogenesis**  
University of Padua, Padua, Italy
- 1994 Invited Speaker: **Dietary Antioxidants & Coronary Risk**  
Symposium on Modified Lipoproteins, Satellite of the Xth International Symposium on Atherosclerosis, Vancouver, British Columbia
- 1994 Invited Speaker: **Fighting the #1 Cancer: Lung**  
Vitamins in Women's Health: New Roles, New Directions, St. Thomas, VI
- 1995 Invited Speaker: **Design of a Chemoprevention Study** Imperial Cancer Research Fund, Cancer Epidemiology Unit, Conference on Chemoprevention, Lyon, France
- 1995 Invited Speaker: **Design of a Chemoprevention Study** Imperial Cancer Research Fund, Cancer Epidemiology Unit, Conference on Chemoprevention, Lyon, France
- 1995 Invited Speaker: **An Update of Antioxidant Strategies** Italian Cardiology Congress, Florence, Italy
- 1995 Invited Speaker: **Antioxidant Vitamins and Cancer** Lilly Conferences on Oxidants and Antioxidants In Human Diseases, Paris, France

- 1997 Invited Speaker: **Lipids, Aspirin and risk of CHD in the Physicians' Health Study** Satellite Symposium 4th International Conference on Cardiovascular Prevention, Montreal, Canada
- 1998 Key Note Address: **Biochemical & Genetic Determinants of Cardiovascular Disease. Experience from the Physicians' Health Study** Japanese Society of Hemostasis and Thrombosis, Toyama, Japan
- 1999 Invited Speaker: **Physicians' Health Study: Prevention of Arterial Thrombosis by Aspirin** The 20th Platelet Lake Ashi Conference, Tokyo, Japan
- 1999 Invited Speaker: **Should I Take Garlic, Red Wine, High Fibre Diet and Estrogen to Prevent Coronary Events?** 51st Annual Conference of Cardiological Society of India, New Delhi, India
- 1999 Invited Speaker: **Atherosclerosis: A continuing problem.** 51st Annual Conference of Cardiological Society of India, New Delhi, India
- 2001 Invited Speaker. **Alcohol and Coronary Artery Disease - Results of Epidemiological Studies.** European Society of Cardiology XXIII Congress. Stockholm, Sweden.
- 2003 Invited Speaker. **Inhibition of Clinical Benefits of Aspirin on first MI by Nonsteroidal Anti-inflammatory Drugs** Inflammopharmacology Meeting. Edinburg, Scotland
- 2005 Invited Speaker. **CVD Prevention: The role of low-dose aspirin** 4<sup>th</sup> Asian-Pacific Congress of Hypertension. Seoul, Korea
- 2005 Invited Speaker. **CVD Prevention: The role of low-dose aspirin.** Gaungzhou University, Gaungzhou, China
- 2005 Invited Speaker. **CVD Prevention: The role of low-dose aspirin.** Beijing University, Beijing, China.
- 2005 Invited Speaker. **Women's Health Study. Randomized Trial of Low-Dose Aspirin in Primary Prevention of Cardiovascular Disease.** European Society of Cardiology. Stockholm, Sweden
- 2005 Invited Speaker. **CVD Prevention – The Role of Low-Dose Aspirin.** 5<sup>th</sup> Bayer Symposium on Cardiovascular Risk Management. Tokyo Japan
- 2006 Invited Speaker. **Primary and Secondary Prevention with Aspirin.** Groote Schuur Hospital, Cape Town, South Africa
- 2006 Invited Speaker and Co-Chairman: **Differences in Risk Factors for Stroke and Heart Disease.** Stroke Workshop. XIV International Symposium on Atherosclerosis. Rome, Italy
- 2006 Invited Speaker. **Aspirin in the Primary Prevention of CVD.** AHA in Focus. ShenYang, Shanghai and Xi'an China
- 2006 Invited Speaker. **Aspirin in the Secondary Prevention of CVD.** IUPHAR Symposium. Beijing, China.

## b. Educational leadership role

### 1999 VA Summer Course, Seattle, WA

As the Director of MAVERIC, in collaboration with Drs. Gayle Reiber and Tom Koepsell at the Seattle VA Epidemiology Research and Information Center and the University of Washington, I developed a one-week national course in epidemiology. A national

survey was conducted to determine the need for such a course offering. A program was developed that included six 15-hour major courses (3 hours per day for five days) and a 7 1/2 hour biostatistics course. Enrollees chose major courses and could opt for the biostatistics course. As well as program development and enrollee selection, I co-developed and taught "Evidence Based Medicine and Critical Reading of the Literature." Nearly 200 applicants applied and 100 were chosen to attend the course held on the University of Washington campus in Seattle.

**2000 VA Summer Course, Boston, MA**

The second annual epidemiology course took place in Boston in June, 2000. I was Chair of the Planning Committee and Course Coordinator for the 2000 course and again taught "Evidence Based Medicine and Critical Reading of the Literature."

**2001 VA Summer Course, Durham, NC**

The third annual epidemiology course took place in North Carolina in June, 2001. I was a member of the Planning Committee for the 2001 course and taught "Evidence Based Medicine and Critical Reading of the Literature."

**2002 VA Summer Course, Seattle, WA**

The fourth annual epidemiology course took place in Seattle, Washington in June 2002. I was a member of the Planning Committee for the 2002 Course. I also designed and taught a new course in grant writing.

**2003 VA Summer Course, Seattle, WA**

The fifth annual epidemiology course took place in Seattle, Washington in June 2003. I was a member of the Planning Committee for the 2003 Course and again taught the grant writing class.

**2004 VA Summer Course, Seattle, WA**

The Sixth annual epidemiology course will take place in Seattle, Washington in June 2003. I was a member of the Planning Committee for the 2003 Course and developed a new course on the use of biochemical and genetic markers in epidemiology.

**c. Report of Clinical Activities**

**1. Description**

I am the Director and treating physician in the Preventive Cardiology Program at the VA Boston Healthcare System. This program was developed to: increase the efficiency of the inpatient cardiac rehabilitation and risk assessment programs; establish a cost-efficient comprehensive outpatient management system for primary and secondary prevention among those at higher coronary risk, including those immediately following bypass surgery, MI and angioplasty; and to expand the existing coronary risk factor screening programs with the goal of attracting new patients.

**2. Patient Load**

Annually, I directly oversee a program of about 2,500 ambulatory visits and in-patient consults in a case-management model in cardiac rehabilitation and prevention.

### **3. Clinical contributions**

The clinical program that I direct is a multi-disciplinary, case-management model, cardiovascular disease prevention program. The program is accompanied by a one-year fellowship program. This out-patient program consists of several physician run risk factor clinics as well as several physician-supervised, non-physician run clinics including a lipid clinic, smoking cessation program, exercise and diet counseling program, and diabetes and hypertension management clinic. These services are available at the Jamaica Plain, West Roxbury and Brockton campuses of the VA Boston Healthcare System. Numerous patient educational materials have been developed and are targeted at the lower literacy rates of veterans.

### **4. Other relevant information**

This program serves as a model for the VA New England Healthcare System. Efforts to support and/or establish similar programs at other clinical sites in the network are underway. A manual has been produced to facilitate this effort.

## Part III: Bibliography

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### **Course Syllabi**

- 1 Preventive Cardiology Fellowship syllabus and accompanying patient educational materials.
- 2 Evidence Based Medicine and Critical Reading of Medical literature: Course syllabus developed for the VA Epidemiology Summer Course in 1999 and updated in 2000 and 2001.
- 3 Study Design and Grant Writing: Course syllabus developed for the VA Epidemiology Summer Course in 2002 and updated in 2003.
- 4 Use of Biochemical and Genetic Markers in Research Design: Course syllabus developed for the VA Epidemiology Summer Course in 2002 and updated in 2004.

### **Thesis**

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